

# Youth in the...



**KNOW** your body.



**KNOW** your mind.



**KNOW** your status.



**KNOW** your self.

... **KNOW**

Get in the **KNOW** so your friends will say it is Good to **KNOW** you.

A collaborative training, Allies Linked for the Prevention of HIV & AIDS (a.l.p.h.a.), Central District Health Department, Planned Parenthood of Idaho & Healthy Community \* Healthy Youth (Boise Parks and Recs)

Youth in the **KNOW** is a 4 week - 4 nights - with food,  
8 hours [+ ] community project -  
training and certification for teens 13-19

## Why Join?

- \* Gain skills to talk with peers about issues close to you
  - \* Looks GREAT on your college application.
  - \* Hey, it's free food for a month!
- \* Great way to meet potential S.O.'s (significant others)

For more info

Go to [www.alphaidaho.org](http://www.alphaidaho.org) and click on the **[KNOW]** or call and speak with **Y.I.T.K.** Mentor Larkin @ 424-7799